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Kona Tanning Body Mitt Mention in VOGUE Australia



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Look better naked: how to get the perfect Victoria's Secret spray tan

The Victoria's Secret lead body make-up artist talks us through the angels' pre-show routine.

The Victoria's Secret angels: an elite fleet of runway foams with leaner-high legs and whittled waists. Yes, they were certainly blessed with exceptional physiques, and by all reports work hard at it, but beyond the specialised diets and gruelling exercise routines there are insider techniques for getting their bodies runway-ready, says Taina Quinn who bronzes and tans the girls for their shows. Here, Quinn shares the high-maintenance preening schedule the angels undertake from a week before the show.

Three days before the show, it begins:

"For the VS show, each year I fly from California to Manhattan, and stay for about a week. The spray tans are set up through the agencies ahead of time (I don't do all of the spray tanning - there are so many), and then I visit the girls at their apartments as they arrive into town. I've done tanning from three days before the show all the way to the night before!"

The girls have homework to do:

"The week before the show, the girls moisturise twice daily to train skin to retain moisture (this keeps skin cells the tan on longer). For extra-dry areas, like the bottoms of feet, elbows, knees and knuckles, they can use a little Vaseline before bedtime if they need it. They also get a pedicure, or pedicure any pedicure."

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"The night before a tan, girls shave their legs against hair growth. After shaving (or rid skin of shaving cream oils), they exfoliate with an oil-free sugar scrub or body mitt (Kona tanning has the best all-natural 100% Turkish floss exfoliator in existence.) I tell them to exfoliate everywhere that they'll be tanned to keep skin tone consistent for even development. Super-sensitive skin types should use just sugar and water as a scrub - it's less abrasive. They then finish it all off with a quick blast of cold water in the shower to tighten pores (which helps avoid a dotted look caused by tanning product collecting in open pores), towel dry (a second exfoliation), and then only apply moisturiser to areas of rough skin - feet, elbows, knees and knuckles."

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